

BOONE DERMATOLOGY CLINIC, P.A.

CARE AFTER LIQUID NITROGEN CRYOSURGERY

1. At times a blister may form following liquid nitrogen treatment. The blister may be filled with clear fluid or a “blood blister” may form. Do not be frightened. This is a normal response to therapy and after a few days the blister will dry up and crust over.
2. If the blister causes pain because of significant tension with fluid, you may cleanse a needle with alcohol and puncture the blister. You may make several pin holes. Do not un-roof an entire blister.
3. A scab or crust will form at the treatment site. These may be left open to the air or may be covered with a Band-Aid. These areas may be washed gently with soap and water daily. Do not pick at the crust. Allow them to fall off by themselves (1 to 2 weeks following treatment on the face but can take as long as 4 to 6 weeks on the back and legs).
4. A second treatment is sometimes necessary, especially with larger warts or keratoses. Please call the office for a return appointment if needed.
5. After the crusts fall off, the treatment site may be lighter, darker, or redder than the surrounding normal skin. This usually gradually fades away although it can sometimes take a number of months.